

Abuse/Trauma Counselors

For Women:

Ginna Bustle
809 Spring Forest Rd # 1000
Raleigh, NC 27609
919-771-7833

Joy Forrest
Called to Peace Ministries
Call for address
Wake Forest, NC
919-374-0778

Omar King
Bridgehaven Counseling
2304 South Miami Blvd, Suite 222
Durham, North Carolina 27703
919-321-2275

Tedi Newman
Peak City Therapy
1219 Walnut St.
Cary, NC 27511
919-374-2379

Carla Ross
Seventy Times Seven Counseling
7334 Chapel Hill Rd
Raleigh, NC 27607
919-606-9821

Tabitha Westbrook
The Journey & The Process
152 Capcom Ave #101
Wake Forest, NC 27587
919-891-0525

Judith Grich
1101 Haynes St, Suite 206
Raleigh, NC 27606
631-813-4580

Barbara Falona
Listening Ear Therapeutic Services
Raleigh, NC 27613
919-346-8205

Lori Tibbits
152 Capcom Ave #101
Wake Forest, NC 27587
(919) 696-7010

Vanessa Kent
Lifecare Counseling
1601 Jones Franklin Rd, Suite 104
Raleigh, NC 27606
919-373-3275

Bonnie Wetzel, MSW, LCSW
Phone: 919-671-8462
bwetzel@70x7ministries.org
6604 Six Forks Rd. Suite 204
Raleigh, NC 27615

Lisa Fields
1618 US 1 N
Youngsville, North Carolina 27596
[\(919\) 504-5623](tel:9195045623)

For Men:

Omar King
Bridgehaven Counseling
2304 South Miami Blvd, Suite 222
Durham, North Carolina 27703
919-321-2275

Jerry Lankford
Lifecare Counseling
1215 Jones Franklin Rd
Raleigh, NC 27606
(919) 851-1527

Kevin Weber
1829 E. Franklin St., Suite 1200-C
Chapel Hill, NC 27519
574-707-8049

Douglas Cox
Core Health Counseling
4921 Professional Ct, Suite 201B
Raleigh, NC 27609
844-899-7918

Steve Cline
Foundations Family Therapy
206 Raleigh St.
Fuquay-Varina, NC 27526

OR

The Foundations Center for Trauma Recovery
4904 Waters Edge Dr, Suite 153
Raleigh NC 27606
For both: Phone: 919-285-4802

Alphonsus Ngwadam
4909 Waters Edge Dr., Suite 203
Raleigh, NC 27606
919-247-2312

Mark Stroeh
Comes to your home
Centered in Durham
919-626-3932

Thomas Wyatt
Salisbury, NC
704-798-9460

Resources:

Books:

The Emotionally Destructive Marriage
Leslie Vernick
also The Emotionally Destructive Relationship

The Heart of Domestic Abuse
Chris Moles

Why Does He Do That
Lundy Bankroft

Boundaries In Marriage
Cloud and Townsend
also Boundaries

Called to Peace
Joyce Forrest

Redemptive Divorce
Mark Gaither

Online:

Leslievernick.com
Free online quiz under resources
Excellent blog with forum for support

Chrimoles.org
Great blog and podcasts

Calledtopeace.org
Multiple resources, videos and blogs
Local, good for crisis too

Nccadv.org
NC Coalition Against Domestic Violence
Info and resources

Numbers:

Domestic Violence Hotline: 800-799-7233(SAFE)
InterAct: 919-828-7501, DV crisis line 919-828-7740
Safe Center- 866-291-0854
Women's Center of Wake Co.: 919-829-3711
Harbor (Johnston Co): 919-938-3566, DV 919-631-5478
Compass Center (Orange Co): 919-968-4610
DV crisis line- 866(toll free) or 919-929-7122